

# Reconstructing the Inflaton Potential from $n_s$

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# Introduction

- recent Planck data  $n_s \sim 0.96$  favors  
 $n_s = 1 - 2/N$  (for  $N \sim 50 \sim 60$ )

← quadratic chaotic inflation  $\phi^2$

Starobinsky model/Higgs inflation  $V_0 \left( 1 - e^{-\sqrt{2/3}\phi} \right)$

or T-model (alpha -attractor)  $\tanh^2(\phi / \sqrt{6\alpha})$

what else? consider “→”: Given  $n_s(N)$ , reconstruct  $V(\phi)$

1.  $V(\phi)$  from  $n_s(N)$
2. example:  $n_s - 1 = -2/N$
3. reheating temperature



$V(\phi)$  from  $ns(N)$

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# Reconstructing $V(\phi)$ from $ns(N)$

## Program:

- Step 1: Reconstruct  $V(N)$  via slow-roll parameters from  $ns(N)$

$$n_s - 1 = -6\varepsilon + 2\eta \qquad \varepsilon = \frac{V'^2}{2V^2}, \quad \eta = \frac{V''}{V}$$

- Step 2: Rewrite  $N$  as a function of  $\phi$  via

$$N = \int^\phi \frac{V}{V'} d\phi \quad \text{or} \quad dN = \frac{V}{V'} d\phi$$

In terms of N

$$V' = \frac{V}{V'} \frac{dV}{dN} \equiv \frac{V}{V'} V_{,N} \quad \text{from} \quad dN = \frac{V}{V'} d\phi$$

assuming  $V' > 0$  we have

$$V' = \sqrt{V V_{,N}}$$

similarly,

$$V'' = \frac{V_{,N}^2 + V V_{,NN}}{2V_{,N}}$$

Therefore,

$$n_s - 1 = -2 \frac{V_{,N}}{V} + \frac{V_{,NN}}{V_{,N}} = \left( \ln \frac{V_{,N}}{V^2} \right)_{,N}$$

Moreover,

$$\frac{V'}{V} dN = d\phi \quad \text{becomes} \quad \sqrt{\frac{V_{,N}}{V}} dN = d\phi$$



example:  $n_s - 1 = -2/N$

$$n_s - 1 = -\frac{2}{N} = \left( \ln \frac{V_{,N}}{V^2} \right)_{,N}$$

- integrated once

$$\frac{\alpha}{N^2} = \frac{V_{,N}}{V^2} = -\left( \frac{1}{V} \right)_{,N} \quad \alpha > 0 \ (V_{,N} > 0)$$

- second integration

$$V(N) = \frac{1}{\frac{\alpha}{N} + \beta}$$

( $\alpha > 0$ ,  $\beta$ : integration constants)

example:  $n_s-1=-2/N$

- slow-roll condition :

$$\varepsilon = \frac{V_{,N}}{2V} = \frac{1}{2\left(N + \frac{\beta}{\alpha} N^2\right)} \ll 1$$

$$N \gg 1 \quad (\beta \geq 0) \quad N \ll -\frac{\alpha}{\beta} \quad (\beta < 0)$$



# $N(\phi)$

- given  $V(N)$ ,  $N$  can be written as a function of  $\phi$  :

$$\int \sqrt{\frac{\alpha}{N(\alpha + \beta N)}} dN = \int d\phi \quad \text{from} \quad \sqrt{\frac{V_{,N}}{V}} dN = d\phi$$

$$N(\phi) = \frac{\alpha}{\beta} \sinh^2 \left( \frac{1}{2} \sqrt{\frac{\beta}{\alpha}} (\phi - \phi_0) \right) \quad \text{for } \beta > 0$$

$$N(\phi) = -\frac{\alpha}{\beta} \sin^2 \left( \frac{1}{2} \sqrt{\frac{-\beta}{\alpha}} (\phi - \phi_0) \right) \cong \frac{1}{4} (\phi - \phi_0)^2 \quad \text{for } \beta < 0$$

$$N(\phi) = \frac{1}{4} (\phi - \phi_0)^2 \quad \text{for } \beta = 0$$

$$V(\phi)$$

$$V = \frac{1}{\frac{\alpha}{N} + \beta} = \begin{cases} \frac{1}{\beta} \tanh^2 \left( \frac{1}{2} \sqrt{\frac{\beta}{\alpha}} (\phi - \phi_0) \right) \cong \frac{1}{\beta} \left( 1 - 4e^{-\sqrt{\frac{\beta}{\alpha}} (\phi - \phi_0)} \right) & \text{for } \beta > 0 \\ -\frac{1}{\beta} \tan^2 \left( \frac{1}{2} \sqrt{\frac{-\beta}{\alpha}} (\phi - \phi_0) \right) \cong \frac{1}{4\alpha} (\phi - \phi_0)^2 & \text{for } \beta < 0 \\ \frac{1}{4\alpha} (\phi - \phi_0)^2 & \text{for } \beta = 0 \end{cases}$$

- Reduces to T-model or quadratic chaotic model

# r and running

- tensor-scalar ratio:

$$r = 16 \varepsilon = 8 \frac{V_{,N}}{V} = \begin{cases} \frac{8}{N + \frac{\beta}{\alpha} N^2} \cong 3 \times 10^{-3} \frac{\alpha}{\beta} \left( \frac{50}{N} \right)^2 & \text{for } \beta > 0 \\ \frac{8}{N} & \text{for } \beta \leq 0 \end{cases}$$

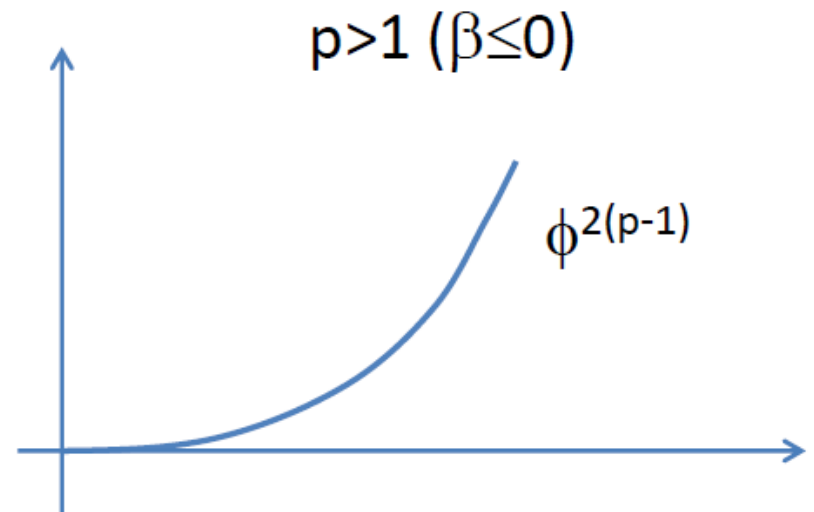
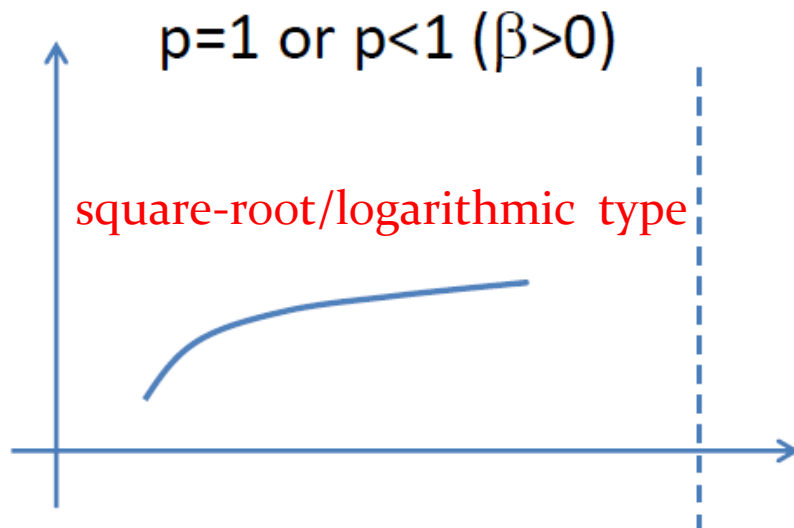
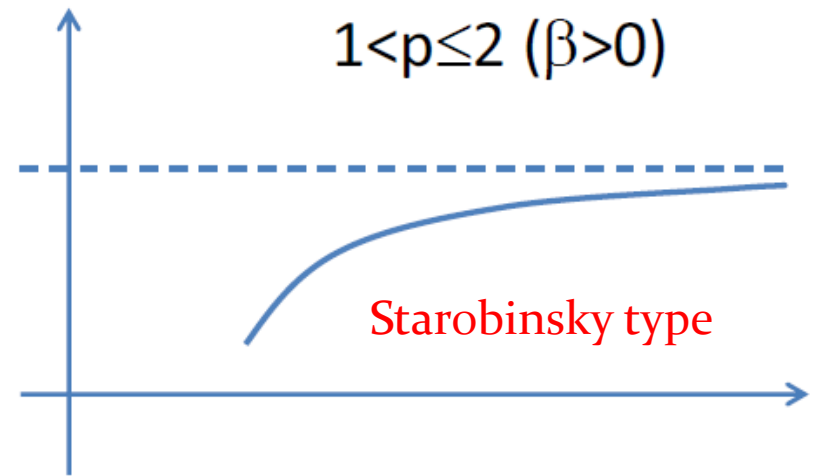
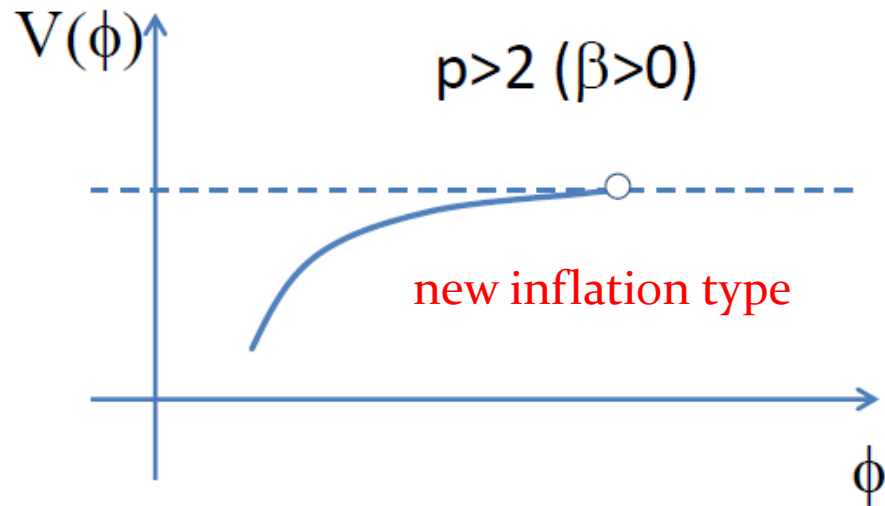
- running of the spectral index:

$$\frac{dn_s}{d \ln k} = - \frac{dn_s}{dN} = - \frac{2}{N^2} \approx -8 \times 10^{-4} \left( \frac{50}{N} \right)^2 < 0$$



$$n_s - 1 = -p/N$$

$$V(N) = \frac{1}{\alpha N^{1-p} / (p-1) + \beta}$$



# Summary (so far)

- Recipe for  $V(\phi)$  from  $n_s(N)$

- For  $n_s-1 = -2/N$  :

$$V(\phi) \propto \begin{cases} \tanh^2\left(\frac{1}{2}\sqrt{\frac{\beta}{\alpha}}\phi\right) & \text{(Starobinsky type/T-model)} \\ \phi^2 \end{cases}$$

- For  $n_s-1 = -p/N$ :

$V(\phi)$  : new inflation type ( $p>2$ ) /

Starobinsky type ( $2\geq p>1$ ) /

logarithmic ( $p=1$ ) / square-root ( $p<1$ )/

power law  $\phi^{2(p-1)}$  ( $p>1$ )

- the running of the spectral index is definitely negative  
 $\sim -10^{-3}$   $\leftarrow$  consistency check

reheating temperature

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# reheating temperature and r

- given  $V(N)$ , we can relate reheating temperature  $T_{RH}$  to  $N$  assuming  $V(N)$  is still valid for small  $N$
- for the mode  $k=aH$

$$\frac{k}{a_0 H_0} = \frac{a}{a_{end}} \frac{a_{end}}{a_{RH}} \frac{a_{RH}}{a_0} \frac{H}{H_0}$$

$e^{-N}$

$$\rho_{RH} / \rho_{end} = (a_{end} / a_{RH})^3$$

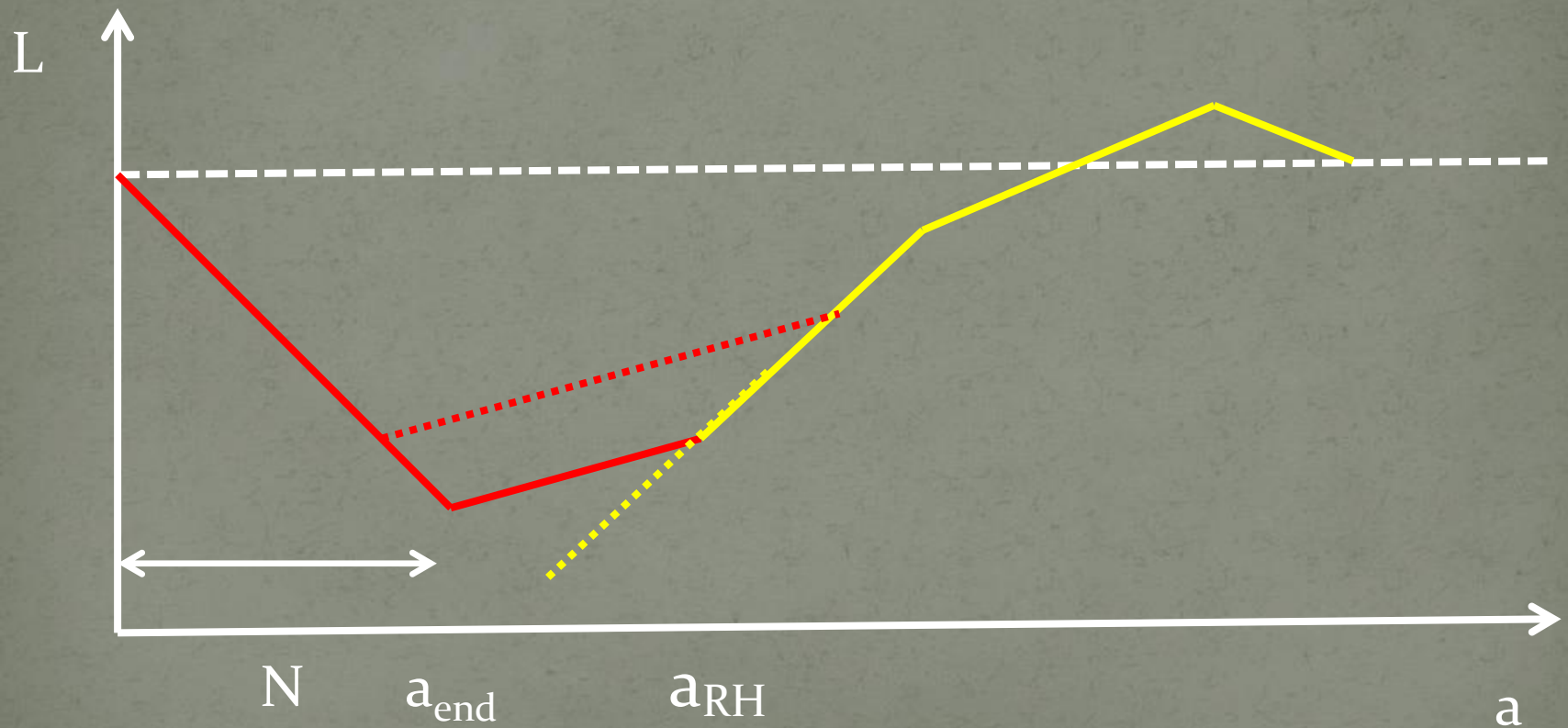
$$g_{S,RH} a_{RH}^3 T_{RH}^3 = \frac{43}{11} g_{S,RH} a_0^3 T_{RH}^3$$

$$H^2 = V / 3 = \frac{\pi^2}{2} r A_s$$

$$N = 56.9 - \ln \frac{k}{a_0 H_0} - \ln \frac{h}{0.67} - \frac{1}{3} \ln \frac{\rho_{end}}{V(N)} + \frac{1}{3} \ln \frac{T_{RH}}{10^9 \text{ GeV}} + \frac{1}{6} \ln r(N)$$

- $n_s - 1 = -2/N$  case
- $k = 0.05/\text{Mpc}$

$$1/k = 1/aH \propto \begin{cases} a^{-1} & \text{for } w = -1 \text{ (inflation)} \\ a^{1/2} & \text{for } w = 0 \text{ (reheating, matter)} \\ a & \text{for } w = 1/3 \text{ (radiation)} \end{cases}$$



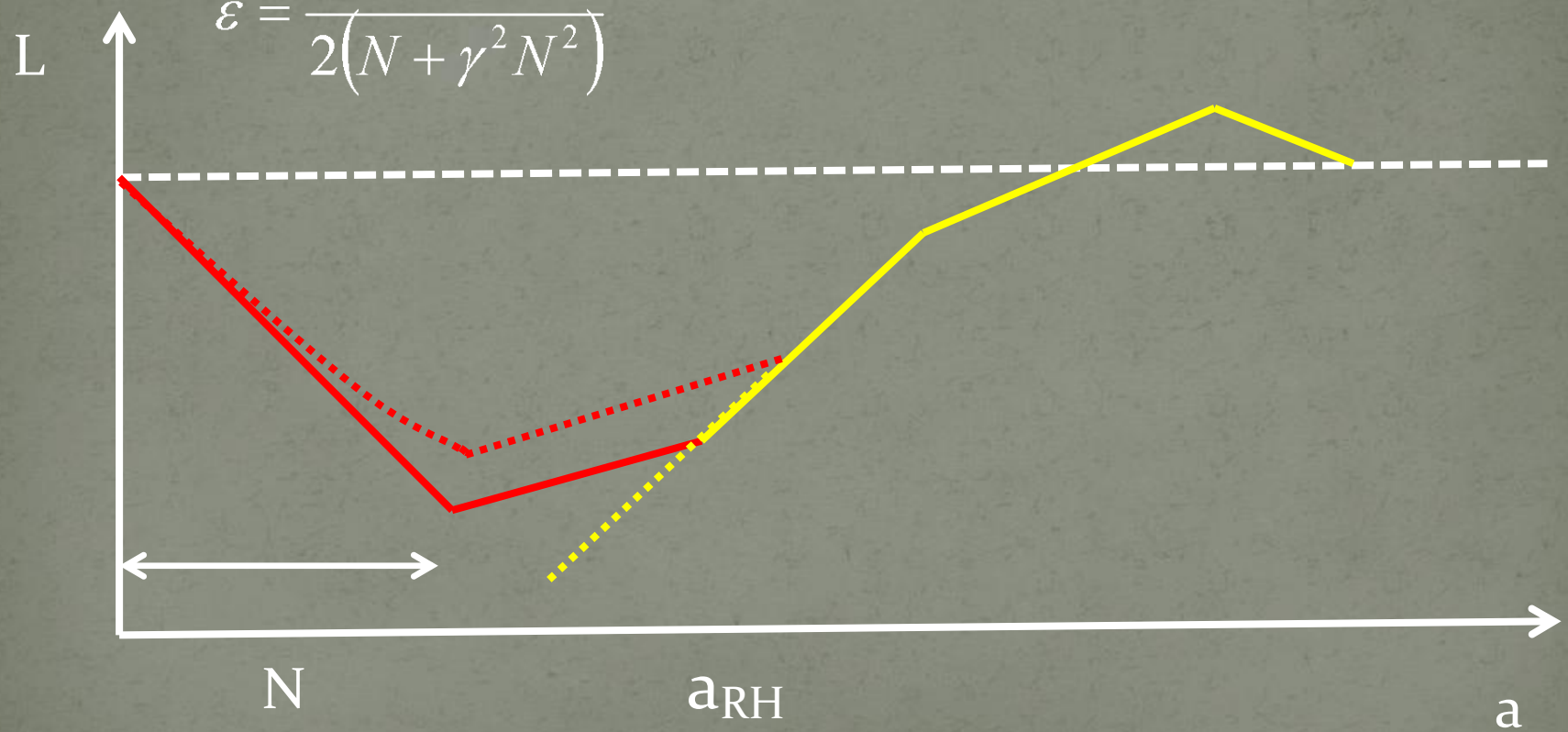
- shorter  $N \rightarrow$  late reheating  $\rightarrow$  lower reheating temperature



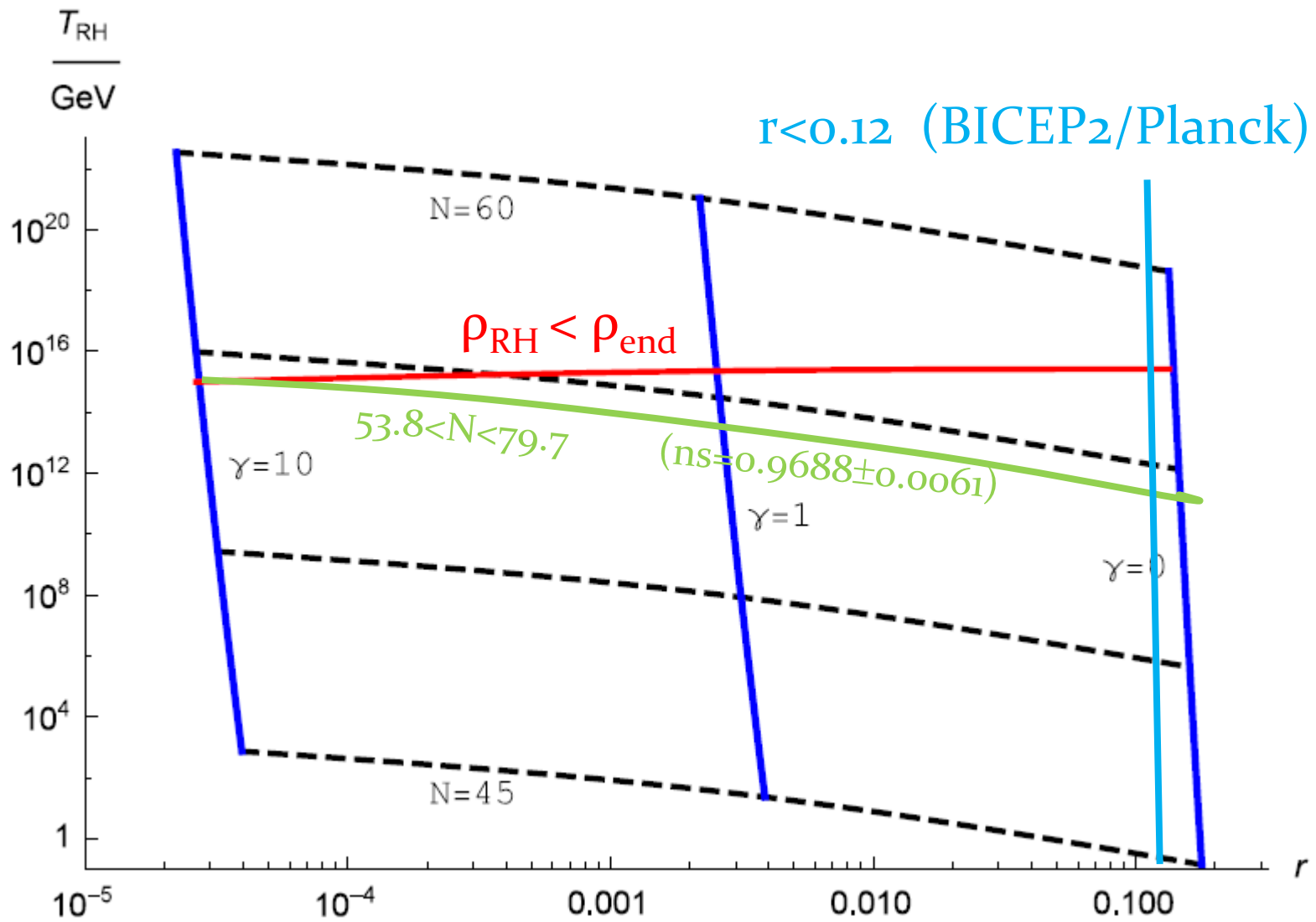
$$\gamma = \sqrt{\beta / \alpha} \geq 0$$

$$V = \frac{1}{\beta} \frac{1}{1 + \frac{1}{\gamma N}} = \frac{1}{\beta} \tanh^2 \left( \frac{1}{2} \gamma (\phi - \phi_0) \right)$$

$$\varepsilon = \frac{1}{2(N + \gamma^2 N^2)}$$



- smaller  $\gamma \rightarrow$  lower reheating temperature



$k=0.05/\text{Mpc}$

$\gamma=\sqrt{(\beta/\alpha)}$

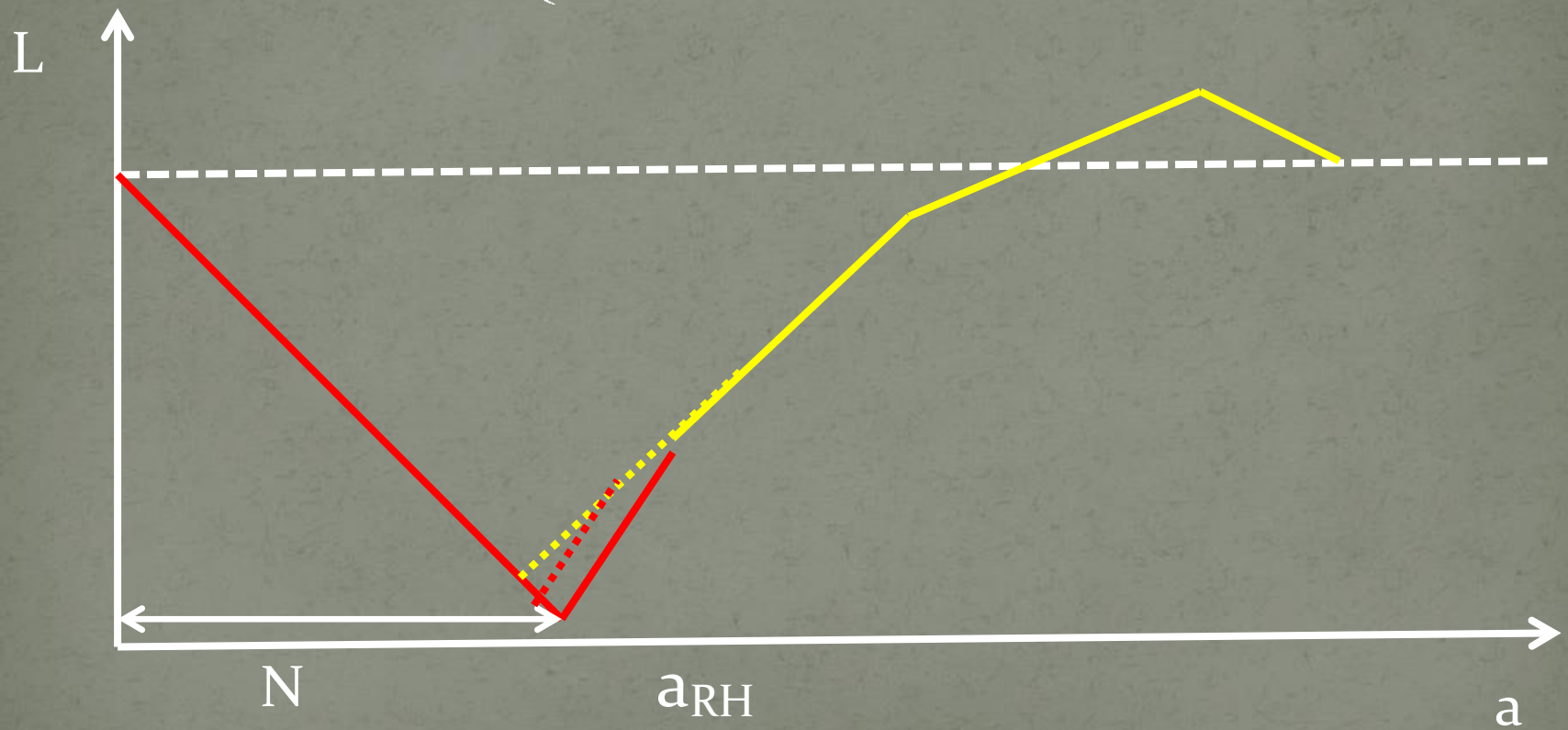
$0.1 < \gamma < 10$   $10^{11} \text{ GeV} < T_{RH} < 2 \times 10^{15} \text{ GeV}$

$r > 3 \times 10^{-5}$

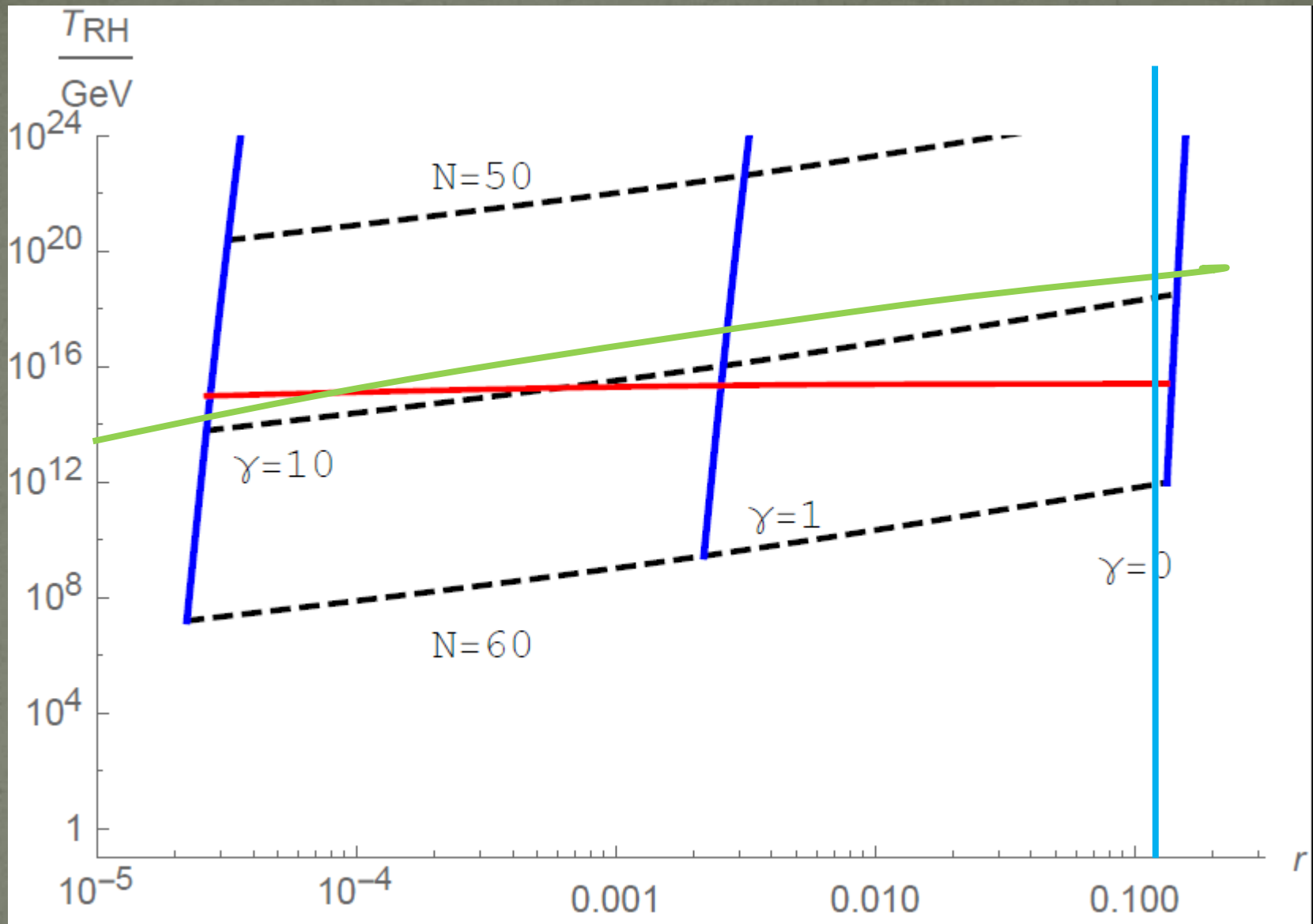
- varying the EOS during reheating
- from  $w=-1/3$  to  $w=1$



$$1/k = 1/aH \propto \begin{cases} a^{-1} & \text{for } w = -1 \text{ (inflation)} \\ a^2 & \text{for } w = 1 \text{ (kination)} \\ a & \text{for } w = 1/3 \text{ (radiation)} \\ a^{1/2} & \text{for } w = 0 \text{ (matter)} \end{cases}$$



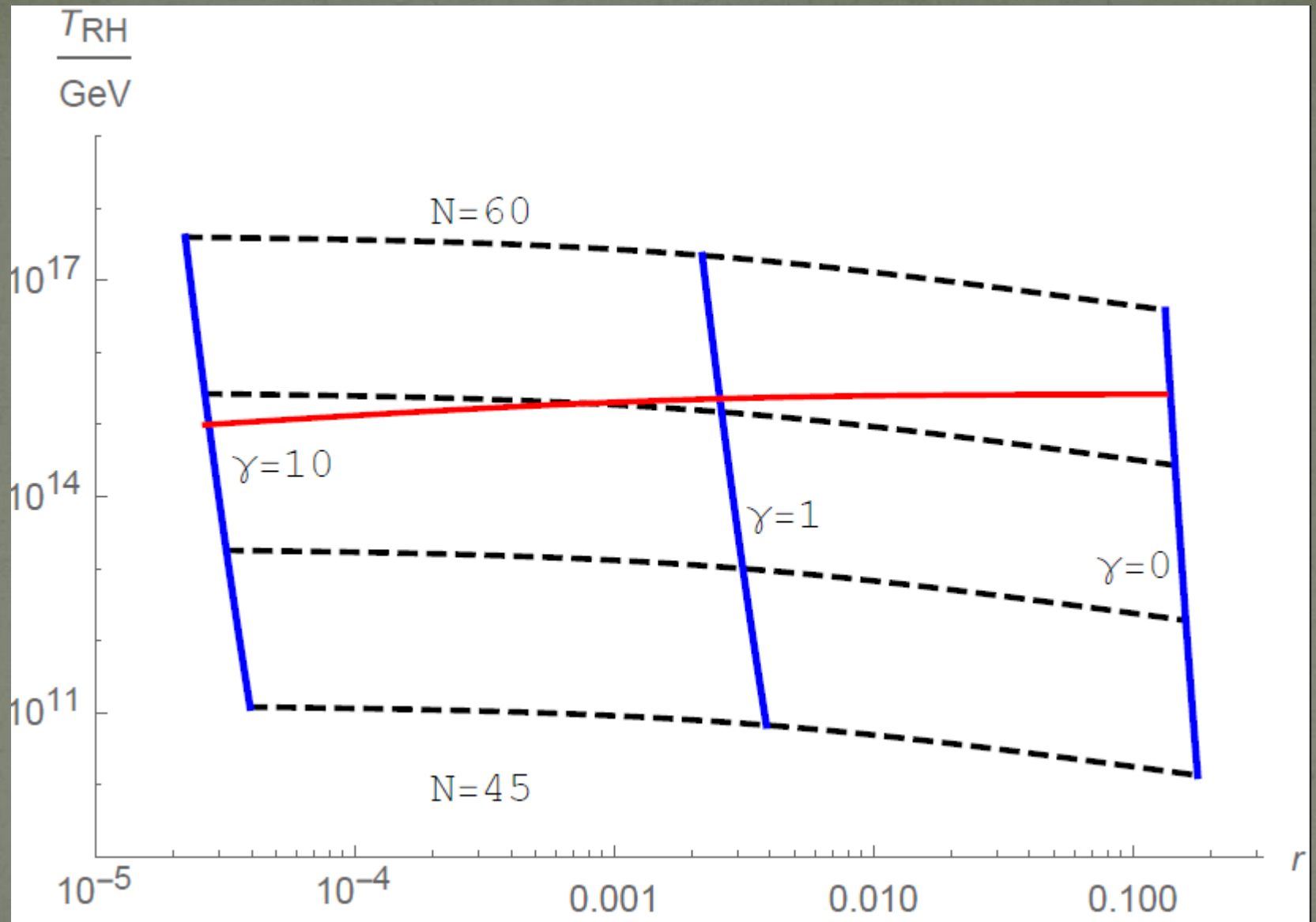
- shorter  $N \rightarrow$  **higher** reheating temperature



●  $W=1$

$0.1 < \gamma$

$T_{RH} < 2 \times 10^{15} \text{ GeV}$



- $w=-1/3$



# Summary

- Recipe for  $V(\phi)$  from  $n_s(N)$
- For  $n_s-1 = -2/N$  :
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- For  $n_s-1 = -p/N$ :
  - $V(\phi)$  : new inflation type ( $p>2$ ) /
  - Starobinsky type ( $2\geq p>1$ ) /
  - logarithmic ( $p=1$ ) / square-root ( $p<1$ )/
  - power law  $\phi^{2(p-1)}$  ( $p>1$ )
- the running of the spectral index is definitely negative  
 $\sim -10^{-3} \quad \leftarrow$  consistency check

# Summary(continued)

- reheating temperature
- assuming  $w=0$  during reheating

$$0.1 < \gamma < 10 \quad 10^{11} \text{ GeV} < T_{\text{RH}} < 2 \times 10^{15} \text{ GeV}$$

$$r > 3 \times 10^{-5} \quad \text{for}$$

$$V = \frac{1}{\beta} \frac{1}{1 + \frac{1}{\gamma N}} = \frac{1}{\beta} \tanh^2 \left( \frac{1}{2} \gamma (\phi - \phi_0) \right)$$

- reheating temperature depends strongly on the EOS